



**Witham Wheelers
Cycling Club
Sponsored by
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www.withamwheelers.co.uk



**Affiliated to:
British Cycling
Cyclist Touring club
Lincs RRA
Cycling Time Trials**

Newsletter – Sept 2007

Club Annual Dinner & Prize Presentation– 27th October

- Preparations for the dinner are now in full swing, in the capable hands of Pat Pennifold and Gill Cocker who volunteered under the influence of a couple of bottles of wine at the end of last years dinner, surely there is a moral about the evils of drink.
- This will be at the Kings Hotel on 27th October 6.30 for 7.00pm. Attached you will find an application form, please take the time to complete this and send with money by 9th October to Pat Pennifold or give to Matt Pennifold or Simon Cocker, if out and about on a clubrun etc.
- It would be good to see as many people there as possible, especially if they are Trophy winners. Ticket prices have been held at £15.00, so no one can complain about the cost (OK being cyclists I know they will).
- All members / friends / relations, young and old are welcome.
- Meal will be a filling 3 course set menu with a Vegetarian option.
- Guest speaker will be announced as soon as details are confirmed.
- As usual a Raffle will be held which goes to help pay the costs of the evening, so it would be appreciated if we could have as many donations of prizes as possible.

Annual Awards

A major part of the dinner is the presentation of the annual awards, a list of these is attached. Some are decided from results at club events, others at the discretion of the committee, but for awards involving open Time Trials we need claims to be submitted by 7th October to Tony Mendham.

Trophies should be returned to Janet East by 7th October to allow for engraving etc.

Clubruns

To try and expand the appeal of the Sunday clubrun Peter Pain and Simon Cocker will be leading the first slower run on Sunday 16th September, to coincide with the Club Hill climb championship.

It is hoped to encourage the younger members plus non-racing members and any others discouraged by the regular clubruns reputation for abandoning the less fit in the middle of nowhere, which is 'slightly' exaggerated but we do need to try and expand the appeal of the regular Sunday morning ride.

Depart at 9.00 from The Market Cross.

Note it is anticipated club runs will revert to a 9.30 start once the clocks change, to be confirmed.

Club Open Time Trials

Currently we do not have any volunteers to run the club Open 10 and 25 Time Trials in 2008, if you are interested in volunteering to keep these events alive, please contact Tony Mendham ideally by 15th September. Full guidance will be given if you are keen but lack experience.

Club Records

From discussions on the committee, it seems that the early club records appear to have gone missing, if any members can shed light on their likely whereabouts, that would be helpful, especially with the clubs 50th anniversary approaching.

2007 Membership

We now have around 66 paid up members for 2007. Memberships for 2008 officially fall due on the 1st November.

AGM

A reminder that this will be held on 4th December at the Cricket Club. Anybody wanting to change any of the club constitution should put this writing one month before the AGM. The committee has recently reviewed this and will be suggesting various changes to bring it up to date. A copy of the current constitution will be posted on the club website.

Spinning

It is proposed that the club will again organize sessions at Oceans gym from January 2008 through to April. Provisionally these will be on Tuesdays (run by Phil Etches) and Thursdays (run by Peter Pain), time and cost TBA. There will be 12 seats available for each session, if interested contact Peter Pain

New Members

New members that I am aware of, Graham Henson making a comeback after several years away from the sport and Patrick Cutmore adding to our steadily increasing list of U16's, many more and the average age of the membership will soon be under 60, not than I'm knocking being over 60.

Social Events

It would be good if a few social events could be organized through the winter to keep the club ticking over, if anyone would like to organize something.??

Clothing

I have one Medium Short Sleeve Road Jersey available, first come first served, cost £32.00
It is envisaged that a bulk order of club clothing will be organized early in 2008.

Coaching – Go-Ride

To build on the coaching this year at Barkston Heath we really need more people to get involved with a view to qualifying as coaches, to avoid having to rely on Peter Pain to promote sessions, if anyone would like to get involved please contact Peter. This has to be the way forward if we want to attract and keep younger members into the club, assuming we want to that is.

Also if anyone has any bikes/equipment that they no longer use and would be suitable for use by riders in the 10 to 16 age group, please let Peter know. Dave Beckett is looking for a racing bike to suit a 16 year old beginner.

Barkston Heath

The series has finished for the year and the overall winners were Jim Coleman by the small margin of 40 points from Tom Mendham in the senior event and Oliver Fensom from Spalding by the smallest margin of 1 point from Jade Ostler. Full results are being published on the website

Despite the weather being consistently awful, either wet, windy or both, turnouts have been good and the series almost broke even, even with the additional cost of the Red Cross, whose services fortunately did not need to be called on.

A special mention to the helpers who turned out every week, Gordon, Janet, Alan, Ray and any others I have forgotten.

Cyclo-Cross

A bit of good news, Jimmy Coleman is having a go at the Lincolnshire Cross League this winter, this means that not only will the club be represented in this series for the first time in a while but also club runs up to Christmas will be more sociable, the bad news is come January he could be even fitter.!!

Viking Challenge – 7th October

Mountain bike challenge ride based on the Viking way, starting at Redmile, entry forms are now out, I have put the link on the website. Great fun if you do not mind getting muddy and there is a long and a short distance depending on how energetic you feel, worth riding for the food alone.

Your Club needs you

Last major event this year is the Cyclo Cross on the 21st October , helpers required on the day and the day before to mark out the course, contact Tony Mendham.

E-mail addresses

If you receive this by post and have an e-mail address please let me know, as it does make distribution a lot easier, as well as keeping costs down.

Also if you have changed your street address in the last year or so, can you advise details so that we can ensure membership records are kept up to date.

Race Results – Website & Grantham Journal

The website is only as upto date as the information that gets fed back to me, I cannot make it up, although sometimes it may seem like it.

Please send me brief details of events you have been competing in, as John Burgess is always looking for news to put in the Journal or you can send direct to john.burgess@granthamjournal.co.uk . Deadline is Tuesday evening for Fridays edition.

Ideally the information should include.

- Event Name, Location, Promoting Club, Distance
- Winner
- Club riders taking part and finishing positions
- Brief story or specific points of interest

Random Local Dates for the Diary

These are just a few local events that come to mind, if you want more information with regards Cycle-Sportives then the BCF website now has a good listing section.

23rd September Southwell last Minute Sprint Triathlon

7th October Viking Challenge - Redmile

7th October Brian Rourke Cat & Fiddle Challenge

27th October Witham Wheelers Club Dinner & Prize Presentation

4th Dec Witham Wheelers AGM

Committee Meeting

The next meeting is on Tuesday 16th October at Janets house, if you want any issues discussed or have any ideas, let any committee member know and they will be put on the agenda.

Editor Simon Cocker

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Witham Wheelers Annual Dinner and Prize Presentation on Saturday October 27th 2007 at the Kings Hotel Grantham
6.30 for 7.00pm

I would like ____ tickets @ 15.00 each Total £_____ No. requiring Vegetarian option ____

Cheques made payable to *Witham Wheelers Cycling Club*

Name: _____

Return to Pat Penniford - 'Kobia' Low Road, Barrowby, Grantham, NG32 1DJ (tel 01476 569832), by 9th October.
e-mail pat.hawke@btinternet.com (Or can be given to Simon Cocker or Matthew Penniford)

Trophy/Cup	Criteria for winning.	
Senior BAR	25, 50 & 100m.	(note 1)
Veterans BAR	On Standard 10, 25 & 50m held in Central District	(note 1)
Senior 100	Any TT	(note 1)
Club 30		(note 1)
Handicap BAR	Previous 25, 30 and 50 Club Events - Presently scrapped	(note 1)
Junior BAR	Previous 10, 25 & 50m Club Events - Present 10, 25 and 50m	(note 1)
School Boy BAR	10.10.25 Club Event Only	(note 1)
50 Mile Cup	Any Event	(note 1)
Championship 10	Club Event	
Juvenile 10	Club Event	
Under 13's 10	Club Event	
10 Mile League Cup	Club Event	
Fastest 25	Fastest 25m TT from any event	(note 1)
Championship 25	} As from	
Hill Climb	} 2006	
Junior Hill Climb	} all one	
Run, Walk & Cycle	} event Medal Only	
Freewheel	Medal Only	
Most Improved Rider	Committee Decision	
Merit Award	Committee Decision	
Road Race	Highest Club Rider in Lincs League Handicap R-R Series	
Young personality	Committee Decision	
Tourist Trophy	Committee Award for Touring Achievement	
Club "Person" of the Year	Voted by Club Members @ Dinner	
The Fred Branston Trophy	Best time over three distances : 25, 30 & 50	
Club Run Award	Most consistent club run participant Scrapped 2006	
Tandem Award	Based on League 10 performances Scrapped 2006	
Ladies Award	Based on League 10 performances Medal Only	
Vets League 10 Award	Based on League 10 performances Medal Only	
Circuit Time Trial award	Based on Club Circuit Time Trial	
Senior Cyclo Cross	Based on Club Cyclo Cross Event	
JNR Cyclo Cross	Based on Club Cyclo Cross Event	
Note 1	Submit best times to claim, present to committee/Tony by 7/10/07	