



Witham Wheelers Cycling Club

Newsletter – February 2007

Newsletter

It would appear that producing the newsletter was also part of the job description I accepted at the AGM. My plan would be to generate something brief after each committee meeting just to let everybody know what's going on. However this will only work if I can get the majority of the distribution by e-mail. If you receive this by post and have an e-mail address, please send me this on simon_gill_cocker@hotmail.com.

I know some people do not use e-mail and we will continue to post these, but it really would save a lot of time and thus maintain my 'enthusiasm' longer if the majority can be distributed by e-mail.

Clothing

Following on from the success of the new club clothing sponsored by **Echo Personnel**, courtesy of Richard Ellingworth, we would like to follow up with another order for new members, those who missed out last year and anybody wanting additional items.

Quality is good and the sizing seems to work well and I have not heard any negative comments, other than from my daughter who says that with the full kit on, I look like a Smurf. Maybe we should look at reversing the colour scheme on the leggings to give a predominately black look bottom half, as she does have a point!!!

Richard has agreed to pay the VAT through **Echo Personnel** on the order and there maybe further discounts depending on the total value of the order.

To place your order complete attached form with your requirements and return form to me with deposit of 25% (cheque to *Witham Wheelers Cycling club*) by 11th March.

I appreciate this is short notice but Impsport delivery is currently around 6 weeks.

2007 Programme

Find attached latest version of the programme for this year, the only change is that the Open Road race has moved from 10th June to 15th July and that Geoff Ellingworth will be organizing, well volunteered Geoff..!!!!

Coaching training

Peter Paine is due to be attending a BCF youth training course shortly, paid for by the Nev Crane memorial fund. Peter will then be organising some training at local schools, which will hopefully lead to more interest in the U16 races at Barkston Heath this summer.

Barkston Heath

A full programme of events will again be held in conjunction with the Sleaford Wheelers at Barkston Heath. Can all members try and give this more support this year. It is a good facility and gives everyone a chance to sample bunch racing on a flat safe circuit, going as hard or as easy as you want. If you are a cyclist with pretensions of racing what more do you want? More details to follow.

Reliability Trials

A good turn out so far with a maximum of 30 signing on for the 40 mile. The weather has been good with only a bit of rain at the start of the 50. There have been the usual moans around the groupings and time gaps, the main problem being caused by everyone trying to avoid riding with Jimmy Coleman (nothing personal Jimmy), however most weeks riders have found others of a similar ability to ride the course, which at the end of the day is what they are about.

Rider News

Jade Ostler has been attending weekend training sessions with the East Midlands Talent Team over the winter. Jimmy Coleman is reported to be entering some National Level Road races – good luck Jimmy – at least we can look forward to some easier clubruns.

2007 Memberships

Memberships fees for the year are now due, these are still the same incredibly good value of £15 Individual, £25 Family, £8 Under 16, £10 Second Claim.

Website

This will hopefully be re-energised shortly.

Spinning Classes

These have been taking place every Tuesday and Thursday evening at Oceans Gym under the coaching of Phil Etches with Peter Paine deputizing when required. Never having done this before, the first night was bit of a shock, the following weeks have not got any better, only the knowledge of what was to come, easing the pain. By the speed of the clubruns, these sessions are certainly benefiting quite a few riders.

If you fancy a go, contact Phil to see if there any spare seats going on a particular night.

Bring & Buy Sale

This will be held on the 27th March at the Cricket Club and will be a good chance to pay your membership, flog some unwanted gear and see who is looking fit for the new season.

Random Local Dates for the Diary

These are just a few local events that come to mind, if you want more information with regards Cycle-Sportives then the BCF website now has a good listing section.

22 th April	Hereward the Wake Cyclo sportive – around Peterborough.
9 th April	Melton CiCLE Classic
13 th May	Lincoln Grand Prix
13 th May	Valve of Belvoir – Britsih Heart Foundation
20 th May	East Midlands (Melton) CiCLE Challenge Cyclo-Sportif
1 st July	Belvoir & Rutland Cyclo sportive – starting from Loughborough
14 th /15 th July	Sprint and Long Course Triathlons at Belvoir Castle

Grantham Journal

If you want anything Cycling related putting in the Journal either send direct to john.burgess@granthamjournal.co.uk or to myself. Deadline is Tuesday evening for Fridays edition.

Simon Cocker

214 Bridge End Road, Grantham, Lincs, NG31 7HD, tel 01476 570992