



**Witham Wheelers  
Cycling Club**  
Sponsored by  
**Echo Personnel**



Affiliated to:  
**British Cycling**  
**Cyclist Touring club**  
**Lincs BBA**  
**Cycling Time Trials**

[www.withamwheelers.co.uk](http://www.withamwheelers.co.uk)

## RELIABILITY RIDES 2012

A series of cycle rides open to members and non-members, as a healthy start to your year!  
Start and Finish from Grantham Cricket Club on Gorse Lane NG32 1AP.

As well as the routes below, each week there will be a shorter route for less ambitious riders, which will aim to average 10+ mph.

<b>Date</b>	<b>Distance (Route No)</b>	<b>Route Description - Direction</b>	<b>1<sup>st</sup> Group start time</b>
Sun 1st Jan	32 Miles (9)	Undulating – Waltham / Harby	10.00
Sun 8th Jan	40 Miles (10)	Undulating – Whissendine	9.30
Sun 15 <sup>th</sup> Jan	35 Miles (14)	Hilly – Long Clawson	9.30
Sun 22nd Jan	50 Miles (2)	Flat – Colston Bassett	9.00
Sun 29 <sup>th</sup> Jan	50 Miles (3)	Undulating – Castle Bytham	9.00
Sun 5 <sup>th</sup> Feb	50 Miles (11)	Hilly - Cottesmore	9.00
Sun 12 <sup>th</sup> Feb	60 Miles (1)	Flat - Waddington	9.00
Sun 19 <sup>th</sup> Feb	60 Miles (6)	Undulating – Heckington / Bourne	9.00
Sun 26 <sup>th</sup> Feb	60 Miles (7)	Hilly – Tilton on the Hill	8.45
Sun 4 <sup>th</sup> Mar	70 Miles (13)	Undulating – Colston Basset/Bytham	8.30
Sun 11 <sup>th</sup> Mar	70 Miles (4)	Hilly – Rutland Water	8.30
Sun 18 <sup>th</sup> Mar	60 Miles (17)	13 Hills – Vale of Belvoir	8.30
Sun 25 <sup>th</sup> Mar	100 Miles (15)	Echo Challenge – Rockingham	8.00

There will be 5 groups, which will be expected to ride together, keeping to an average speed in the range of

Group 1	Shorter route 10+ mph
Group 2	14 to 15 mph
Group 3	16 to 17 mph
Group 4	18 to 19 mph
Group 5	20+

- Riders should be realistic about their capabilities and sign on for the group appropriate to their ability.
- Will each rider also sign back in after each ride, so that we know you are safe, in case you cannot get back to the HQ , contact Janet East (mob. 07906 343 318)
- Entry Fee £2 per ride.
- Please ensure your bike is in good working order and take food, waterproof clothing and spare inner tube etc.
- A map of each weeks (Route No) can be found on the club web site.
- A full report, times and photos, when available, will also be posted on the web site after each ride.
- Free Refreshments will be available at the HQ before and after the rides to all riders and officials.
- See club website '**Discussion Forum**' for updates in the event of bad weather.
- For further details and updates see the club website at [www.withamwheelers.co.uk](http://www.withamwheelers.co.uk) or tel Simon Cocker 01476 570992